

IOP authors are among worst citation offenders

King's College London rules dictate that authors of journal and conference articles must cite its name as part of their affiliation or address. But a recent survey by the College's Information Services and Systems (ISS) department shows that a fair number of authors are still leaving the College out of their citation – some are using only their School name; some are using the now defunct GKT (Guy's, King's and St Thomas' Medical School); and at least one person is still using UMDS (United Medical and Dental Schools of Guy's and St Thomas')!

IoP authors are among the worst offenders for omitting to include King's College London in their citation.

The College's Citation Policy, publicised to all staff in June 2005, says all authors must include King's College London in their citation. This is important as a result of the plans for post RAE 2008 when future research quality assessment will depend much more on bibliometrics. If papers cannot be assigned to the College, it could lead to a loss of resource, said vice principal (research) Lawrence Freedman in a paper to the College Committee.

ISS's survey shows that although considerable progress has been made in implementing the policy since 2005, there is still some way to go.

In 2006, there were overall 724 publications citing alternative addresses, a reduction of 35 per cent on 2005 when there were 1,106 that omitted to mention the College. Overall there were 3,351 publications that did cite the College name during 2006.

From the IoP, there were 570 publications in 2006 (out of a total 1,221) that did not mention the College, compared to 734 (out of a total 1,159) in 2005: a reduction of 22 per cent.

Government backs new Academy to improve parenting

The IoP is teaming up with the Family and Parenting Institute and Parenting UK to launch a new National Academy for Parent Practitioners (NAPP) with the backing of a £30 million grant from the Department for Education and Skills.

NAPP will open in October 2007 and will be a research and training centre. Research there will focus on what methods work best to support parents. Training will be for professionals who work with parents in schools, health services and children's services, police and justice services.

WHAT'S ON...

A new exhibition from the archives explores the contribution of refugee doctors from Nazi Germany to the work of the IoP and clinical care at the Maudsley Hospital. Created by the Archives and Corporate Records Service at King's College, the exhibition also highlights the refugees' role in training psychiatrists from every corner of the globe. On show until July, the exhibition is in the lobby area at the top of the stairs above the Wolfson Lecture Theatre in the main building. It traces the role of refugees between the 1930s and 1950s and has been assembled collaboratively with Max Mwakitalu (IoP records) and Martin Guha (Library).

Help with your web pages

Help is at hand for departments and sections keen to keep their web pages up to date. Doug Pitchers has been appointed as the IoP's web content specialist: 'my role is to ensure the website is user-friendly and accessible and provides relevant and engaging content,' he said.

One of Doug's first tasks is to update the staff directory. 'I'd like to appeal to staff and students to add themselves by visiting <http://internal.iop.kcl.ac.uk/> if they haven't already done so,' he said. Doug previously worked for WestFocus, a consortium of seven universities in south and west London. Contact him on ext 5379 or at doug.pitchers@iop.kcl.ac.uk.

Personal safety tips

A Personal Safety Day for staff and students who regularly make off-site visits takes place on July 6. Organised in collaboration with the local Crime Prevention Officer, the Day is run by local police and will be held in Seminar Rooms 1 and 2 in the SGDP Centre. Email Security.Services@iop.kcl.ac.uk, or call IoP Security Manager Dilip Chakravarti on ext 0569 to sign up.

In an end-of-April funding announcement, Beverley Hughes, Minister for Children, Young People and Families, said: 'This academy will be an international and national hub for the exchange of ideas and learning, providing the very latest research and training in supporting parents. It will ensure that our parenting practitioners can access the best possible information, and help parents do the best they possibly can for their children.'

The IoP's contribution will be led by Dr Stephen Scott in Child and Adolescent Psychiatry.

Planning work funded by Biomedical Research Centre

Six main themes of research are to be funded under the umbrella of the Biomedical Research Centre for Mental Health based at the IoP and South London and Maudsley NHS Trust (SLaM).

The themes are: substance use disorders (addictions), led by Professor Gunter Schumann; antisocial and aggressive behaviour, led by Professor Sheilagh Hodgins; mental disorders starting in childhood, led by Professor Eric Taylor; common mental illness, led by Professor David Clark; dementia and related syndromes, led by Professor Simon Lovestone; and psychosis, led by Professors Tony David and Robin Murray.

In addition, there are plans to add another theme, clinical neurosciences, to be led by Professor Nigel Leigh.

The Biomedical Research Centre, directed by Professor Simon Lovestone, is charged with 'translational research', finding new ways to help patients benefit more quickly from scientific breakthroughs. It is one of 11 to be created by the National Institute for Health Research, all of which are located within NHS and university partnerships. Funding has been awarded for five years, starting in 2007. One of the areas the Centre will be concentrating on across all the themes is how to use findings

from laboratory-based research to develop treatments that are tailored to an individual.

At the moment, the IoP/SLaM centre is a virtual one, but plans are in hand to identify a physical location. The Centre will be recruiting more than 50 people, including students, Fellows, and research workers.

The research teams involved in Centre-funded research will work in partnership with other academic groups and industry: the latter will enhance the development of products for patient benefit.

Another important role for the Centre will be training 'translational researchers': people who started their careers in a laboratory, for example, who want to make their research more relevant to patients, or clinicians working in the NHS who want to develop their knowledge of basic research. The Centre will fund both groups of people at different stages in their careers.

In addition to the specialist themes, the Centre will fund cross-cutting areas of research: stakeholder participation, led by Professors Graham Thornicroft and Til Wykes; Analytical Methods, led by Professor Matthew Hotopf and Martin Prince; and Biomedical Technologies, led by Professors Peter McGuffin and Steve Williams.

New grants from DoH

£12 million has been awarded by the Department of Health to South London and Maudsley NHS Foundation Trust (SLaM) for six IoP-led research programmes that aim to improve understanding, treatment and management of mental health.

The new Programme Grants for Applied Research funding stream from the DoH's National Institute for Health Research gave a total £45 million in April to 29 projects. Around a quarter of the money was awarded to bids submitted by the IoP and SLaM.

The IoP-based projects are led by Professor Ulrike Schmidt (anorexia nervosa); Professor Declan Murphy (neurodevelopmental disorders and intellectual ability); Professor Andre Tylee (depression and physical illness in primary care); Professor Robin Murray (cannabis abuse in people with severe mental illness); Professor Graham Thornicroft (stigma and discrimination); and Professor Til Wykes (patient involvement in inpatient care).

Fundraising brief

The IoP has a new fundraiser: he is Gary McAllister and his brief is to achieve 'significant support' for research projects in mental health and neuroscience, including funds for the planned King's Clinical Neuroscience building. A major appeal is already underway to raise the money needed to build the new facility, next to the recently opened James Black Centre. Gary, whose official title is Major Gifts Fundraiser (Neurosciences), comes to the IoP from Queen Mary University. He previously worked in the USA as associate director of development at New York University School of Medicine and Hospitals Centre.

He will split his time between the IoP and James Clerk Maxwell Building on the King's College London Waterloo campus and will be working throughout the Health Schools, also trying to secure funding for PhD scholarships and academic support projects.

To contact him, email gary.mcallister@kcl.ac.uk or ring ext 0740 (IoP) or 4706 (Waterloo).

In brief...

You can renew, reserve and order books from the IoP Library wherever you are, using the online service. To access services at www.iop.kcl.ac.uk/Library, you simply need your library barcode and PIN. If you don't know your PIN or can't find your barcode, visit the Library with some ID or email library.enquiries@iop.kcl.ac.uk. If you're a student, the barcode is normally your student number. If you're a member of staff, your barcode is usually printed on the front of your ID card, or stuck to the back of an older-style card when you register.

The IoP has its first two female security officers: they are Yvonne Schuster and Susanne Arusaar. 'I have always been concerned about how male-orientated the security industry has traditionally been,' said security manager Dilip Chakravarti. 'I am delighted that our security service will now be more representative of the overall workforce here at the IoP.'

Are you interested in getting involved with *Viewpoint*? The editorial group is appealing for new members: duties involve keeping your eyes and ears open for potential stories and attending a once-every-two months meeting. To find out more, email Camilla Palmer who chairs the group, camilla.palmer@iop.kcl.ac.uk.

KCL Enterprises Ltd, the commercial development and research support company at King's College London, has been re-launched. From the 1 May it has been rebranded as King's College London Business Ltd. The company is charged with developing licensing, new company creation, consultancy and collaborative and contract research with industry.

Watch out for an online survey that asks for your views about circulars and other forms of internal communications. The questionnaire aims to find out what information people need from the IoP and how they want to receive it. Its results will help inform a decision about the future of circulars, which has prompted recent controversy and split sections of the IoP community into passionate pro- and anti- camps.

The Education Support Team has been successful in a bid to King's College London Development Committee for £936.30 to buy 10 MP3 recorders and conference microphones for podcasting sessions to help with e-learning.

Should I conceal or disclose my mental health problems?

by Elaine Brohan and Graham Thornicroft

So you are applying for a course at the IoP, or maybe for a research post. You're very nervous at the interview but it's going well until the academic on the panel asks do you have any health problems that might interfere with your work? Suddenly you don't know what to do. A few years ago you were treated for panic attacks and depression, but you mostly recovered after a few months of treatment and that's behind you now. What do you say?

The problem is that there is no easy answer to this question. If you decide to say nothing then there are plenty of downsides. If you get the post then you may need to keep the 'secret' indefinitely, keep being vigilant so as not to give away any information to your colleagues, make sure they don't see you taking any medication, or ensure that your clinical appointments stay 'invisible'. Also, any special help that your employer might be able to offer you (called 'reasonable adjustments' under the Disability Discrimination Act) won't materialise because you haven't told your employer about your problems.

On the other hand, if you do disclose any current, or recent, or even any long past mental health problems, you are less likely to get the post, or gain promotion. Even if you return to work after a period of mental ill health, then it's possible that you will be effectively demoted, and shunned by colleagues who don't know what to say to you for the best.

Work is important for many reasons: it provides opportunities for control and for using skills, it gives externally generated goals, variety, environmental

clarity, money, physical security, interpersonal contact, and a valued social position. Yet rates of employment among people with mental illness are very low. A diagnosis of mental illness is one of the most potent ways to remove a person from the workforce: 75 per cent of adults are employed, 65 per cent of adults with physical health problems are employed, but only 20 per cent of people with severe mental illness are in work. Even for people with more common types of mental illness, such as depression, only about 50 per cent are competitively employed. Surveys of people with mental illness have shown that about 61 per cent feel that they have been turned down for a job for which they are qualified.

A study in north London found that most people with a diagnosis of schizophrenia would not tell their employers about their illness because they feared discrimination during the selection process, but believed that it could help their chances of retaining a job if their employer knew. Similarly, in a German study, the participants recommended concealing diagnosis: 'I wouldn't recommend to anyone talking about mental illness in work at all,' said one.

Although we might wish to think otherwise, there is good evidence that health and social services are no more accepting in employing people with disabilities than other employers. A Disability Rights Commission study on disclosure among people with a disability in nursing, teaching and social work professions highlighted the different attitudes towards disclosure of physical and mental ill health: 'God knows how people who have mental health problems disclose,' said a nurse practitioner with a physical disability. A social work student said: 'I don't mind disclosing about my back, I guess for me it doesn't carry the embarrassment factor, I mean anyone can get physically ill

but mental illness is a different thing, there's a stigma related to it and it's not something that you talk about.'

So we have two mirror paradoxes. Employers want potential employees to disclose but would not hire them if they do. Employees don't want to disclose due to fear of not being hired but acknowledge that they would be better able to fulfil the job requirements if they could ask for the necessary reasonable accommodations. This would also relieve the burden of secrecy that comes with non-disclosure.

This is the dilemma. Do you conceal or disclose? This is precisely the focus of a new project in the Health Service and Population Research Department (HSPR), the CORAL (Conceal or Reveal) project. The aims of the CORAL project, just starting now at SLAM's Croydon Early Intervention team, are:

- to gain an in-depth understanding of the experiences of UK mental health service users in deciding to conceal or reveal a current diagnosis or history of mental illness, in the context of employment, education or training;
- to develop a detailed information booklet and a decision aid tool;
- to obtain feedback from mental health service users and staff on how useful these materials are.

This will be research that we expect to produce results that are directly useful to people with mental illness to help decide: should I conceal or disclose?

Elaine Brohan is leading the CORAL project in HSPR. CORAL is one of several projects investigating stigma and discrimination.

Professor Graham Thornicroft is the lead on work in this field recently funded by the DoH's National Institute for Health Research from the Programme Grants for Applied Research funding stream. He is also the author of 'Shunned: Discrimination against People with Mental Illness', published by Oxford University Press.

Junior academic staff: raising concerns, acting together

The Junior Academic Staff Committee (JASC) has plans to reinvigorate its role in representing and promoting the interests of some 700 junior academics and academic-related staff at the IoP. This includes lecturers and research workers of academically related status.

'Through the JASC, junior academics can identify and find real solutions to issues that are usually only complained about over lunch with colleagues,' said new chair Corinne Prescott from Psychological Medicine and Psychiatry. 'Increasing the strength and activity of the JASC will also give junior academics a louder voice on the wider agendas of the IoP and King's College.'

Junior academic staff should contact their representative with any issues they would like the JASC to champion: there is a list of departmental representatives on the JASC webpages, visit www.iop.kcl.ac.uk/departments/?locator=11.

There are currently vacancies for departmental representatives in Child and Adolescent Psychiatry and Biostatistics and Computing; if you're interested in getting involved, contact Corinne (c.prescott@iop.kcl.ac.uk) or new vice-chair Biba Stanton (Clinical Neuroscience) (b.stanton@iop.kcl.ac.uk).

'Being a JASC representative is not demanding and provides the opportunity to get more involved in the wider activities of the IoP and King's,' said Corinne.

'It typically involves regularly attending one of the IoP or King's Committee meetings, raising concerns and feeding back to the JASC, which meets quarterly for an hour over a sandwich lunch.'

The next meeting will be held in July, and dean Professor Peter McGuffin has been invited to speak about his plans for junior academic staff. If you would like the Committee to raise any questions with him, contact your departmental representative.

Aristotle Prize for Bill Yule

Bill Yule, emeritus professor of applied child psychology, is the winner of the Aristotle Prize 2007, given by the Belgium-based European Federation of Psychologists Association (EFPA). The Prize is awarded every two years to a psychologist from Europe who is internationally recognised as having made a substantial and original contribution to psychology as a science or a profession.

Professor Yule originally trained as a clinical psychologist at the IoP and has worked here since 1969. Following the capsizing of the Herald of Free Enterprise in 1987, much of his research has been devoted to understanding and treating Post Traumatic Stress Disorder in children. He is also active in the UK Sri Lanka Trauma Group (www.uksrilankatrauma.org).

He will receive the Prize during the opening ceremony of the 10th European Congress of Psychology in July in Prague.

Cultural collaboration

The IoP is meeting with the London Centre for Arts and Cultural Enterprise (LCACE) to talk about the possibility of future collaborative projects. The LCACE is a consortium of eight universities led by King's College London and was set up in 2004 to promote and support closer working between its members and London's arts and cultural sectors. The consortium has helped broker projects with the Globe Theatre, Tate Modern, the Museum of London, the British Museum, the Transport Museum, the National Portrait Gallery, the UK Film Council, the British Library, and many more arts organisations.

Professor Simon Wessely and Dr George Szumukler from the IoP are involved in the discussions about ways of working together.

Other universities involved in LCACE are Birkbeck, City University, the Courtauld Institute, Goldsmiths, Guildhall School of Music and Drama, Queen Mary and Royal Holloway. Visit www.lcace.org.uk/ to find out more about LCACE's work.

Direct mail appeal success

The IoP's first-ever direct mail fundraising appeal generated £5,100 in the first instance and donations are still arriving.

The appeal was sent out to all King's College London alumni before Christmas and encouraged them to donate money to research into autism. Nearly 10,000 former students were given tangible costs of different elements of research to allow them to imagine what their donation could fund. Money raised through the appeal will boost the pool of money available for research into autism rather than fund a particular project.

A second appeal for financial support for autism research has been published in *In Touch*, the magazine for alumni. Elaine Martyn, head of major gifts (Health Sciences) in the Development and Alumni Office at King's, said the initial direct mail generated lots of interest from first time donors.

New services for students

Student support officer Becky Cooper will be offering welfare and accommodation advice two or three times a week in one of two new rooms created for students in the café diner extension in the main building.

College chaplain Rev Tim Ditchfield will use the same room to provide pastoral care to staff and students, and there are plans to bring other College services here – careers and childcare advice, for example. The second room will be used by King's College London Students' Union, and as a base for the IoP's Student Forum. Both rooms are due to be fully operational by September but some services may start before then. Opening times and contact numbers for services using the rooms will be advertised on nearby noticeboards. In the meantime, email Rebecca.Cooper@iop.kcl.ac.uk to find out more.

WHAT'S ON...

The Student Forum meets on Wednesday 13 June in Seminar Room 5 on the seventh floor of the main building. A free lunch is provided from 12.30pm: the meeting kicks off at 1pm. The meeting is organised by the Education Support Team which is caretaking the Forum pending the appointment of a new chair.

David Clark: in the news

The IoP's Professor David Clark was named as one of the best and brightest minds in the UK in *The Independent* in May.

The newspaper had asked 100 of the 'nation's most famously clever people' to nominate the most intellectually gifted figure in their own field. Professor Clark was named by Professor Richard Layard, emeritus professor of economics at the London School of Economics, who cited him as the 'world's leading expert and practitioner in the field of cognitive behavioural therapy.'

Days later, the results of a study about the use of cognitive therapy to treat Post Traumatic Stress Disorder in the victims of terrorist violence in Northern Ireland was published in the *BMJ* (www.bmj.com). The trial was carried out by the Northern Ireland Centre for Trauma and Transformation: David Clark is the research and clinical advisor there and the treatment used in the trial was developed jointly by him and Professor Anke Ehlers, also in the IoP's Department of Psychology. The results of the trial showed cognitive therapy to be an effective treatment for Post Traumatic Stress Disorder related to terrorism and other civil conflict.

Teenage blues – whatever

Teenage blues – whatever is the title of a June public engagement event organised jointly by the IoP's Mental Health Knowledge Centre and the European Dana Alliance for the Brain.

The event, on Tuesday 19 June at 7pm at the Dana Centre, next to the Science Museum in South Kensington, will discuss how the developing brain struggles with the transition between childhood and adulthood, and depression during teenage years. Speakers include K.A.H. Mirza who is an honorary senior lecturer in the IoP's Child and Adolescent Psychiatry Department and a consultant child and adolescent psychiatrist at South London and Maudsley NHS Foundation Trust; Jane Costello from Duke's University, USA; and Carly Raby from Young Minds, the national charity that works to improve mental health of children and young people (www.youngminds.org.uk/).

The evening includes a performance of *Cracked*, a play about teenage depression produced by Y Touring Theatre Company. To book tickets, call 020 7942 4040 or visit www.danacentre.org.uk.

• The IoP was unsuccessful in its bid to be a Beacon for Public Engagement in Mental Health.