

## More refurbishment starts as first main building scheme ends

Building work on the top half of the main building is on schedule and will be finished by the end of the year. Staff and students are due to move into a new Psychosis Centre on floors 5, 6, and 7 and part of a new Centre for Neurodegeneration and Clinical Neuroscience on floor 4 by January 16 2006.

The other half of the Centre for Neurodegeneration and Clinical Neuroscience – which will be sited on the North Wing of floor 3 – will be included in the next phase of building work at the main building, due to start next Easter and be complete by August 2007.

Staff and students currently based on the first, second and third floors of the main building in De Crespigny Park will be decanted to either permanent or temporary new homes from December 2005.

The next phase will include refurbishment and new facilities for Old Age Psychiatry in the North Wing and new facilities for Forensic Mental Health Science on the first floor East Wing. The lifts will also be upgraded.

The second phase of building work is being funded from an award from the Science Research Infrastructure Fund of £9.5 million. £2 million of this sum is to be spent on the IoP's Centre for the Cellular Basis of Behaviour within the newly built Centre for Cell and Integrative Biology.

## CCIB ready in October

Staff and students are to move into the Centre for the Cellular Basis of Behaviour (CCBB) during December. They will share three new purpose-designed laboratory floors in the newly built Centre for Cell and Integrative Biology (CCIB) next to the Weston Education Centre and Rayne Institute on the Denmark Hill campus. The building, a joint venture between the IoP and the School of Medicine – is due to be complete in October.

The CCBB – dedicated to understanding how cells behave – will be home to about 80 scientists, around half of them to be newly recruited.

Meanwhile, Neuroscience is being expanded and restructured to embrace the new resource. In future, the CCBB will be one of two sections within the Department of Neuroscience. Professor Brian Anderton will head both the Department and the Section of Neuroscience. Professor Jack Price will head the Section of CCBB.

## In an emergency... dial extension 0001

The IoP has a new emergency number: if you need urgent help, call 0001. If you want to contact Main Reception (previously 0001), dial 0002 or 0003. The emergency line has changed following a request from the Fire Brigade to prevent staff accidentally dialling 999 (previously the internal emergency number was 0999). Other important extensions are Security, 0008, Site Services helpdesk, 0004 and Estates helpdesk, 3456.

## WHAT'S ON...

*Waltzing along with the common culture* is the title of the art exhibition at the SGDP Centre which runs until Friday 14 October. It shows recent work by Jack Kettlewell 'based around still lives, modern myths and Whitney Houston.' All works are for sale.

## Foundation Trust delay

SLaM (South London and Maudsley NHS Trust) is no longer eligible to apply to become one of the first wave of mental health Foundation Trusts because it received only two out of the possible three stars in this year's NHS performance ratings. The ratings were published by the Healthcare Commission at the end of July and will now affect the timing of the application for Foundation status. Originally, SLaM hoped to be one of the first new-style Trusts to be launched in 2006.

Chief executive Stuart Bell says the application for Foundation status – which brings with it greater freedom in terms of management and finance – is a 'fulfilment of a long-term strategy to improve treatment of mental illness and take a more active role to promote mental well-being.' This means looking beyond the boundaries of the NHS, he says, 'thinking boldly about how we can move beyond a service that mainly reacts and responds to illness towards one which also contributes more widely to helping the community stay well.'

SLaM launched a formal consultation on its plans for the future on 20 September at the Trust's AGM. To see these plans and find out how to comment, visit [www.slam.nhs.uk](http://www.slam.nhs.uk). The consultation ends on 16 December.

SLaM is also preparing for *Standards for Better Health*, new arrangements to be introduced by the Healthcare Commission next year to measure performance of NHS organisations. These new measures will take account of patients' views.

## Make your views heard on new online forum

Want to get something off your chest? Have a rant, start a debate or simply find your missing glasses? If so, go to <http://internal.iop.kcl.ac.uk/forum>, the site of a new online forum for staff and students at the IoP. Set up by the web team after a trial run carried out with the help of the Student Forum, the new internal forum will allow you to paste up views or requests for help or information on an informal basis. 'We hope staff and students will feel free to ask questions informally, spark debate or grumble – and that others will respond,' said Ian Gowrie, website editor. The forum will also include recommendations from staff and students about places to eat around Camberwell.

## British Academy Fellow

Robert Plomin, deputy director of the SGDP Centre, has been elected a Fellow of the British Academy. An MRC professor in behavioural genetics, he was awarded the Fellowship for distinction and achievement in his academic field. The British Academy's citation describes him as a 'world leader in the study of the environmental and genetic contributions to behaviour.' Robert was born and trained in the USA and joined the IoP in 1994.

## Bombing aftermath

Information about how best to deal with trauma in the wake of the July bomb attacks in London was posted on the IoP website by the Centre for Anxiety Disorders and Trauma. The re-assuring web page includes common 'normal' reactions and advice about getting extra help if people need it. It also contains information about workshops for health professionals on Cognitive Behaviour Therapy for people with Post Traumatic Stress Disorder which are run by the Centre. There is a direct link to these pages from the home page of the main IoP site.

## WHAT'S ON...

Dr Nora Volkow, director of the National Institute on Drug Abuse at the National Institutes of Health in Bethesda, Maryland, will be giving the Fifteenth Thomas James Okey Lecture on Tuesday 11 October at 5.30pm in the Wolfson Lecture Theatre. The title of the lecture, organised by the Psychiatry Research Trust, is *Addiction: The Neurobiology of Behaviour Gone Awry?* If you'd like to attend, email [l.pease@iop.kcl.ac.uk](mailto:l.pease@iop.kcl.ac.uk)

## No more 'KCL'...

The use of KCL as an acronym has been banned. The College's Council has agreed that King's College London must in future always be referred to in full in publications. 'It is important we all adhere to these new guidelines as the ways in which we refer to the College do so much to determine the extent to which the external world appreciates the institution's achievements,' says principal Professor Rick Trainor.

The College's Council has also decided to discontinue using the abbreviations GKT (for Guy's, King's and St Thomas' School of Medicine) and UMDS (for the United Medical and Dental Schools of Guy's and St Thomas' Hospitals) because they don't mean anything to people outside the College community.

In future, the Schools of Medicine and Dentistry are to be called King's College London School of Medicine (or Dentistry) at Guy's, King's College and St Thomas' Hospitals. For day-to-day correspondence, staff and students are allowed to use simply the School of Medicine or the School of Dentistry.

■ **And...** There have been changes in the central Administration Department at King's College London. As head of administration, Harry Musselwhite now has responsibilities for people, buildings and facilities: the post incorporates the role of College secretary and registrar (this formal title still exists) as well as director of resources.

## Demonstrating tricks of the trade to the public

Emma Lawrence, a postdoc research worker in Psychological Medicine, will be leading *Live Audience Experiments* next year to help members of the public understand more about interactive methods used to study social cognition and empathy.

The *Experiments* will be part of *Tricks of the Psych Trade: A Triple Bill*, an event to be held in March at The Dana Centre, next to the Science Museum. It is being funded by a £3,000 prize grant from the Public Engagement with Psychology Group of the British Psychology Society and will also showcase an fMRI Art Experience, an installation using software developed by digital artist Julie Freeman, and an exhibition of artwork by Peter Myers, an artist with Asperger's Syndrome.

The event will be widely publicised through flyers, the press and the internet.

## Still searching for best job evaluation to help 'Pay and Modernisation'

Work is continuing to find the best across-the-board job evaluation scheme for King's College London which is suitable for all different types of jobs.

The search for a new scheme – to make sure jobs of equal value are rewarded with equal pay and help managers decide where individual posts should sit on grading structures – is in line with a request from the Higher Education Funding Council for England for all higher education institutions to modernise their pay and grading structures.

A decision about which scheme best fits the needs of the College as part of the Pay and Modernisation Programme is likely to be made early in the first session of the 2005/06 academic year, said Chris Noakes, pay and modernisation programme manager at King's College London.

## Party organisers wanted

Christmas is coming...and the Student Forum wants to hear from anyone keen to help organise this year's festive IoP party. Contact Student Forum chair Fergus Kane, ([f.kane@iop.kcl.ac.uk](mailto:f.kane@iop.kcl.ac.uk)) if you've any ideas or want to volunteer your organising skills.

## Denis Hill Prize winner

Dr Russell Foster has been given the Denis Hill Prize, awarded by the IoP each year for research undertaken while holding a clinical position. Russell is a full-time specialist registrar in General Adult Psychiatry at the Maudsley. In addition, he is continuing neuropathology research here at the IoP and currently completing a book about laboratory medicine and psychiatry.

He won the Prize for a paper titled: *Calprotectin in microglia is up-regulated in schizophrenia: evidence for an inflammatory process?* As winner of the Prize, he receives £500.

## WHAT'S ON...

The IoP Wanderers are now walking regularly on the first Tuesday of every month. Launched at the beginning of August, the hour long walks are being led by Terry Hewett from Psychological Medicine, a keen historian who has a wealth of knowledge about the local area. If you want to join The Wanderers, meet outside the main IoP Reception at 12.30pm: the next walk takes place on 4 October.

## Is your workplace secure?

In a bid to crack down on thefts, security officers are now conducting daily 'lockdown audits' across the IoP campus and securing windows and doors found open in more than 700 offices, laboratories and seminar rooms. In July, they found 461 windows and doors left open.

'There has been a spate of thefts over the past year,' says Robert Okeke, security and reception co-ordinator in Site Services. 'Thousands of pounds worth of equipment has been stolen from the site and there have been serious lapses in security caused by staff and students not securing their offices when they leave work. We must remember that security is our collective responsibility and everyone should make sure their offices are secure and valuables locked away safely at the end of the day.'

## Don't bring your kids to work with you!

Staff and students should not bring their children to campus with them unless it is absolutely essential. Then line managers and supervisors must agree beforehand and children should not be on site for more than one hour. Line managers and supervisors should actively discourage staff and students from bringing children to the IoP.

A new *Safety, Health and Environment Procedure on Children, Young Persons and Pets* was introduced in July and includes these guidelines for children aged under 16. Pets are banned from work altogether and children are only permitted on certain parts of the campus between 9am and 5pm.

'It is every carer's responsibility to ensure that they have suitable childcare arrangements in place,' says the Policy. 'However, it is recognised that from time to time there may be difficulties. In these situations, individuals should consult their line manager or supervisor with a view to arranging time off to make childcare arrangements.' In situations where it 'essential' for a member of staff or student to bring a child to work, they can only do so with the permission of their boss, and only for the limited time of an hour.

There are separate guidelines for official 'visits' to the IoP by under 16-year-olds, either individually or with their school.

The new Policy has been written by health and safety advisor Su Corrin and authorised by dean George Szmulker. It also includes guidelines for arranging work experience for under 18-year-olds.

## WHAT'S ON...

*Battle for the Mind, Psychological effects of war* is the title of an inaugural lecture by Edgar Jones, professor of the history of medicine and psychiatry in the Department of Psychological Medicine. The lecture takes place on Tuesday 22 November at 5.30pm in the Wolfson Lecture Theatre. Admission is free without a ticket.

## WHAT'S ON...

Lyn Pilowsky, professor of neurochemical imaging and psychiatry in the Department of Psychological Medicine, delivers her inaugural lecture, *Imaging molecules in man. Insights for schizophrenia*, on Tuesday 4 October at 5.30pm in the Wolfson Lecture Theatre. If you'd like to attend, email [Hilary.Payne@iop.kcl.ac.uk](mailto:Hilary.Payne@iop.kcl.ac.uk)

## New support for students and teachers in pipeline

An IoP-wide consultation about how best to organise support for learning and teaching ended in August. Now comments and views will be taken into account by managers charged with drawing up a new structure and new job descriptions. Some 24 staff currently working in teaching and learning support will be affected: they will be individually consulted about new proposals at the end of October.

The consultation followed a review of support given to students and staff on taught programmes (by different departments and by the Registry) which discovered duplication and inconsistencies.

'There were lots of comments and suggestions made during the consultation and we will be taking these into account,' said Karen Langridge, project manager, teaching and learning support. 'But generally everyone agreed changes are needed.' The new structure will involve the creation of new jobs, she said, and is likely to be put in place early in the New Year.

## Call for more therapists at SCM's first lecture

Lord Richard Layard delivered the inaugural Sainsbury Centre for Mental Health (SCMH) Lecture earlier in September – and advocated an extra 10,000 trained therapists to tackle 'Britain's biggest social problem.'

'Psychological therapy should be freely available on the NHS,' he said. 'At present people with depression or anxiety generally get pills or nothing. Only one in 10 people with these conditions get to see a therapist.'

The Healthcare Commission's National Patient Survey in mental health, published earlier this month, showed of 26,500 patients, only 40 per cent had been offered a talking therapy in the past year. 'Access to talking therapies is still being denied to too many people with mental health conditions,' said SCM's chief executive Angela Greatley. 'It is very worrying that only two people in five were given the chance to have talking therapies like Cognitive Behaviour Therapy, despite all the evidence that supports their benefits to people with many different mental health conditions.'

Lord Layard is now emeritus professor of economics at the London School of Economics and head of the Centre for Economic Performance's Programme on Well-Being. His lecture, *Therapy for All on the NHS*, was given at the Institute of Electrical Engineers in central London. Visit [www.scmh.org.uk](http://www.scmh.org.uk) to download the text of the lecture.

## Representing junior academic staff

The Junior Academic Staff Committee (JASC) has new representatives for most departments, but is still on the lookout for representatives from Biostatistics, Neurology and Neuroscience. Lucia Valmaggia from Psychological Medicine is the new chair for 2005/06.

The JASC represents the interests of junior academic staff at the IoP. Last year, the work of the Committee included clarifying the relevance of the 2008 Research Assessment Exercise (RAE) for junior academic staff and examining the availability and affordability of workplace childcare facilities. Visit the JASC web pages at [www.iop.kcl.ac.uk/iopweb/departments/home/default.aspx?locator=11](http://www.iop.kcl.ac.uk/iopweb/departments/home/default.aspx?locator=11) for detailed information about the RAE, updates on childcare issues and a list of funding opportunities for junior academic staff, including research grants, fellowships and conference travel.

If you're interested in getting involved, contact Lucia Valmaggia ([l.valmaggia@iop.kcl.ac.uk](mailto:l.valmaggia@iop.kcl.ac.uk)) or another representative for more information. Activities planned this year include a continuation of the campaign for better childcare facilities, more work around RAE and consideration of the impact of new office space on junior academic staff.

Department representatives are: *Child Psychiatry*, Grace Tantam; *Forensic Psychiatry*, Kristin Laurens; *Health Services Research*, Barbara Barrett and Kritika Samsi; *Psychological Medicine*, Paola Dazzan and Lucia Valmaggia; *Psychology*, June Brown and Catherine Donaldson; *SGDP*, Emma Colvert, Alessandra Iervolino and Stephen Collishaw.

## TV SHOWS CBT SUCCESS

The IoP's Professor Paul Salkovskis helped bring Cognitive Behaviour Therapy and Obsessive Compulsive Disorder (OCD) to a wide audience when he appeared in *OCD House*, a two-part documentary shown on Channel 4 in August.

Paul and three colleagues from SLAM's specialist clinic for people with OCD were shown at work with three people who have had the disorder for many years and volunteered to be filmed while living together and undergoing treatment for two weeks. The residential 'experiment' was a success: by the end, all three had become almost entirely symptom free, said Paul. Their progress will continue to be monitored by IoP and SLAM staff: they are now under the care of the specialist clinic.

## WHAT'S ON...

Visting Professor Jeff Swanson from the Department of Psychiatry and Behavioral Sciences at Duke University School of Medicine in North Carolina, will be giving a lecture *Outpatient commitment: on effectiveness, ethics, and exporting evidence* on Monday 31 October. The lecture starts at 5.30pm and takes place in the Great Hall at King's College London on the Strand. Admission is free without a ticket.

## WHAT'S ON...

All staff and students are welcome to join the Kung Fu training club held at the Maudsley Gym on Mondays from 6pm to 8pm and on Thursdays from 6.30pm to 8.30pm. To find out if the Club is for you, visit the demonstration class on Monday 3 October in the Gym at 6pm – watch and then have a go yourself. A karaoke night is planned after the demonstration and newcomers are welcome to join the singalong. Kung Fu training includes stretching, breathing, self-defence, traditional five animal styles and cardiovascular work. It is led by Sifu Harold Coggins from the Dung Sai Do Shaolin Kung Fu System. For more information, contact Tamara Russell, [t.russell@iop.kcl.ac.uk](mailto:t.russell@iop.kcl.ac.uk)

## Everyone invited to help celebrate MND Centre's tenth anniversary

The Motor Neurone Disease Care and Research Centre celebrates its 10th anniversary this year. On Monday 31 October, everyone is invited to help the Centre mark its first decade at an Open Day which will highlight achievements of the past and plans for the future.

The Open Day is to be held at the Postgraduate Suite in the Weston Education Centre and includes a champagne lunch, exhibitions, presentations from Centre staff and discussions about proposals and developments.

If you'd like to attend, call ext 5172 or ext 5192 or email [clinic@iop.kcl.ac.uk](mailto:clinic@iop.kcl.ac.uk)

## New timescales for PhDs

New guidelines governing the timescales involved in completing PhDs are being proposed by the IoP's Postgraduate Research Committee. Under the proposals, a full-time PhD would have to be submitted at the end of three years unless an extension or interruptions were agreed in advance. Submission would not be allowed before two years – and full-time students would have to justify submission before the agreed three year period to the Committee.

Unless specified at the time of registration, a part-time PhD would involve 50 per cent of a candidate's time, with the completed PhD being submitted after six years.

Part-time students could spend up to 70 per cent, or in exceptional circumstances, 80 per cent, of their time on their PhD if agreed at the time of registration when a timetable for submission on a pro rata basis would also be agreed. An early submission timescale for part-time students would apply, also pro rata.

■ **And...** During the academic year 2005/06, a bursary scheme for staff studying for a PhD will be introduced to replace the current discounted staff fee. Staff will be able to apply for bursary support towards their fees if they are employed for a minimum of 16 hours a week on a salaried academic or academic-related contract, or another type of salaried contract for a post mainly concerned with research. Contact Registry for more information.

## The true cost of research

Full Economic Costing (fEC) is a new way of calculating the real cost of research projects, including hidden costs which in the past have not been counted or recovered from sponsors.

Following a government directive, applications for funding from universities to Research Councils and government bodies must now be made under new fEC guidelines. Research Councils will pay 100 per cent of the fEC by 2010, though at first their contribution will be 80 per cent of the total funds requested. In the short term, the IoP will continue to fund the 20 per cent shortfall on Medical Research Council (MRC) funded projects.

The MRC and other Research Councils have posted new online application forms to give guidance to research teams on how to fully cost their projects. From September 2005, all applications to the MRC and other Research Councils must be in the new prescribed format.

'One of the main changes is the costing of the time of the principal investigator,' said Lorraine Davison, senior management accountant in Research Grants and Contracts here at the IoP. 'They have to work out how many hours on average they will be spending on a particular project and calculate a cost for inclusion in the application. They will need to keep a diary of the time spent on different projects because the MRC will carry out audits.'

Research teams also now need to calculate 'estates' costs and indirect costs like electricity and administration time. Both these hidden costs will be worked out according to a nominal figure per person, calculated centrally at King's College London.

Lorraine says the new system should in future be used to cost all projects, even if other funders – such as charities – are as yet unwilling to pay the fEC. 'The price that we charge an individual funder will not necessarily be the fEC,' she said. 'However, it will be an obligation for each higher education institution to ensure that, across the board, it has recovered the full fEC.'

The software programme RACE has been updated and rolled out across the IoP to help people calculate the fEC on all applications. The idea is that research teams will be able to discover the true cost of research before seeking funding. 'RACE will be used for all applications whether Research Council or otherwise,' said Lorraine. 'It can then be a departmental decision on whether to support certain applications when there is a shortfall between monies applied for and the fEC.'

Even though there is no obligation on any funders apart from the Research Councils and government bodies to pay the fEC of research, charities and industry may also consider additional funding to reflect the true cost in future.

## WHAT'S ON...

King's College London Students' Union is running a Freshers Fair for two weeks. It started on 23 September. For more details, visit [www.kclsu.org/about\\_freshers.php](http://www.kclsu.org/about_freshers.php)